

Name \_\_\_\_\_

## Exploring the World of Eating Disorders: What Are the Most Common Types?

### Short Answer

1. Describe the characteristics of binge-eating disorder.
2. How does orthorexia nervosa differ from other eating disorders in terms of food choices?
3. What are some common physical consequences of eating disorders?
4. Why is early intervention important when dealing with eating disorders?
5. What types of professionals can provide help and support to individuals with eating disorders?

