

Name _____

Exploring the World of Eating Disorders: What Are the Most Common Types?

Open-Ended Response Questions

1. Explain why individuals with anorexia nervosa may not recognize their severe weight loss and malnutrition.
2. Discuss the emotional challenges that individuals with eating disorders often face and how these challenges can affect their daily lives.
3. Imagine you have a friend who you suspect may have bulimia nervosa. How would you approach them and offer support?
4. Describe the role of family and friends in supporting someone on their journey to recovery from an eating disorder.

