

Name _____

The Mighty Skeletal Muscles: Your Body's Movers and Shakers

Short Answer Key

1. Skeletal muscles are attached to bones by tendons.
2. Signals to move are sent to skeletal muscles by the brain.
3. The tiny units inside skeletal muscle cells are called sarcomeres.
4. An example of a skeletal muscle is the muscles in the legs.
5. Sarcomeres contribute to muscle contraction by pulling on each other.

