

Name _____

Navigating Disagreements with Friends: A Guide to Conflict Resolution

Multiple Choice Questions

1. What is the first step to take when you have a disagreement with a friend?

- a) Apologize immediately
- b) Understand your feelings
- c) Blame your friend
- d) Ignore the problem

2. What is the key to resolving conflicts with friends?

- a) Ignoring the issue
- b) Yelling and shouting
- c) Active communication
- d) Avoiding each other

3. Why is active listening important when resolving conflicts?

- a) It helps you win the argument
- b) It shows that you don't care
- c) It demonstrates that you value your friend's opinion
- d) It prolongs the conflict

4. What is the purpose of finding common ground during a disagreement?

- a) To make the situation more complicated
- b) To reinforce your own point of view
- c) To bridge the gap between differing opinions
- d) To blame your friend

5. When should you apologize during a disagreement with a friend?

- a) Never apologize
- b) Only if your friend insists
- c) If you realize you've made a mistake
- d) Always apologize, even if you're not at fault

