

Name _____

Navigating Disagreements with Friends: A Guide to Conflict Resolution

Short Answer Key

1. Using "I" statements helps express your feelings without blaming your friend and promotes understanding.
2. If your friend has a different perspective, you should listen actively and try to understand their point of view.
3. Forgiveness is crucial to let go of grudges and move forward positively in the friendship.
4. Seeking mediation can be a good idea when conflicts are too complex to resolve on your own or when both parties need assistance in finding a solution.
5. You can strengthen your friendship by spending quality time together, continuing open communication, and showing appreciation for each other.

