

Name _____

Net Play in Badminton: Strategies for Dominance

Short Answer Key

1. The ready stance for effective net play in badminton involves bending your knees slightly and leaning forward, with the racket up and ready.
2. The main purpose of a net shot in badminton is to set up offensive opportunities or create mistakes in the opponent's game.
3. Deception in net play can be achieved through subtle changes in wrist movements and body positioning to trick the opponent into guessing the wrong shot direction or speed.
4. Quick reflexes are essential in net play because they allow players to anticipate their opponent's shots and react swiftly, enabling them to intercept shots and respond effectively.
5. Precise placement in net play is crucial because it forces your opponent to hit difficult shots, making it challenging for them to respond effectively and increasing your chances of gaining control of the rally.

