

Name _____

Nicotine: A Tricky Addiction

Open-Ended Response Questions

1. Explain how nicotine activates the brain's reward system and leads to addiction, including the role of pleasurable feelings.
2. Discuss the health risks associated with nicotine addiction, particularly through smoking, and why it is a leading cause of preventable death.
3. Imagine you are providing advice to a teenager who wants to quit using nicotine. What strategies and resources would you recommend to help them quit successfully?
4. Share your thoughts on the importance of public awareness campaigns and education in preventing nicotine addiction, especially among young people.

