

Name _____

The Nutritional Nudge

Multiple Choice Questions

1. What inspired Lily to start volunteering at the Harmonyville Food Bank?
 - a) A colorful poster about volunteering
 - b) Her desire to make friends
 - c) A school assignment
 - d) A summer job opportunity

2. What did Lily name the special section of the food bank dedicated to healthy, affordable meals?
 - a) Health Haven
 - b) Nutrient Nook
 - c) Wellness Corner
 - d) Nutrition Corner

3. How did Lily help families at the food bank besides providing food?
 - a) She offered free medical check-ups.
 - b) She organized cooking competitions.
 - c) She shared nutrition tips and recipes.
 - d) She gave away free fitness equipment.

4. What did Mrs. Hernandez's children, Diego and Maria, find exciting in the box of groceries from the food bank?
 - a) Sugary snacks
 - b) Canned vegetables
 - c) Fresh fruits
 - d) Frozen pizzas

5. What impact did Lily's initiative have on the Harmonyville Food Bank and the community?
 - a) The food bank closed down due to lack of funds.
 - b) Families continued to struggle with nutrition.
 - c) The Nutrition Corner became a model for other food banks.
 - d) Lily stopped volunteering after her high school graduation.

