

Name _____

The Ancient Origins of the Olympic Games

Open-Ended Response Questions

1. Discuss the role of the sacred truce in the ancient Olympic Games. How did it contribute to the success of the event and peaceful competition among city-states?
2. Explore the decline and eventual end of the ancient Olympics. What historical and cultural factors led to the decline, and why were they officially banned?
3. Imagine you are an ancient Greek athlete competing in the ancient Olympics. Describe your training regimen, the event you would compete in, and the significance of victory for you and your hometown.
4. Reflect on the cultural legacy of the ancient Olympics. How have elements of the ancient games, such as the Olympic flame and the emphasis on excellence, influenced the modern Olympic Games and international sporting events?

