

Name \_\_\_\_\_

## Decoding Symptoms: How Your Body Reacts to Pathogenic Infections

### Short Answer Key

1. To expel mucus and foreign particles from the lungs.
2. By staying hydrated, getting enough rest, and taking over-the-counter pain relievers.
3. Drinking plenty of fluids and avoiding foods that may aggravate symptoms.
4. Staying hydrated helps support the body's immune response and prevents dehydration.
5. Seek medical attention to determine the underlying cause and receive appropriate treatment.

