

Name _____

Standing Strong: Strategies for Resisting Peer Pressure to Drink

Open-Ended Response Questions

1. Describe a real-life situation in which you might face peer pressure to drink alcohol, and explain how you could apply one of the mentioned strategies for resisting it.
2. Discuss the role of knowing your values in making independent choices and resisting peer pressure. Why is it important to have a clear understanding of your values?
3. Share a personal experience or example of a time when you successfully resisted peer pressure. What strategies did you use, and what was the outcome?
4. Explain why making independent choices is important, even when faced with peer pressure. How can this lead to personal growth and confidence?

