

Name _____

Pole Vaulting: Launching into the Sky

Short Answer

1. Describe the basic process of a pole vaulter's attempt, from the approach run to clearing the bar.
2. What is the significance of the flexibility of the pole in pole vaulting?
3. How do coaches assist pole vaulters in improving their performance?
4. Explain how points are earned and how the winner is determined in pole vaulting competitions.
5. Can you name one famous pole vaulter mentioned in the passage and mention one of their achievements?

