

Name _____

Talk it Out: The Power of Effective Communication in Healthy Relationships

Short Answer

1. How can active listening improve communication in a relationship?
2. Describe a situation where poor communication could lead to a misunderstanding between two people.
3. Why is honesty important in effective communication?
4. Explain the concept of "I" statements in communication and why they are useful.
5. What are some potential consequences of avoiding important conversations in a relationship?

