Name _____

Talk it Out: The Power of Effective Communication in Healthy Relationships

Open-Ended Response Questions

1. Think about a time when you had a conflict with someone, and effective communication helped resolve it. Describe the situation and the steps you took to reach a resolution.

2. Imagine a scenario where someone feels unheard and undervalued in their relationship due to poor communication. Offer advice on how they can improve their communication with their partner.

3. Reflect on a time when you or someone you know faced the consequences of dishonesty in communication. How did it affect the relationship, and what could have been done differently?

4. Discuss the importance of empathy in communication and provide an example of how empathy can lead to better understanding between two people.

© ReadingDuck.com