

Name \_\_\_\_\_

## Preventing Substance Abuse: Programs That Make a Difference

### Multiple Choice Questions

1. What is the main purpose of substance abuse prevention programs?
  - a) To encourage drug and alcohol use
  - b) To educate and inform individuals about the risks of substance misuse
  - c) To promote substance use as a solution to stress
  - d) To increase peer pressure related to substance use
  
2. Which of the following is NOT a type of substance abuse prevention program mentioned in the passage?
  - a) School-Based Programs
  - b) Community-Based Programs
  - c) Family-Based Programs
  - d) Workplace-Based Programs
  
3. What do family-based substance abuse prevention programs focus on?
  - a) Strengthening family bonds, communication, and support systems
  - b) Teaching refusal skills to individuals
  - c) Promoting substance use as a way to relax
  - d) Conducting community events and awareness campaigns
  
4. According to research, what positive outcomes are associated with participation in prevention programs?
  - a) Increased substance use rates
  - b) Lower rates of addiction
  - c) Reduced knowledge of substance abuse risks
  - d) Decreased mental health outcomes
  
5. Why do substance abuse prevention programs face ongoing challenges?
  - a) They are always effective, so no challenges arise
  - b) Drug availability and societal influences are constantly changing
  - c) These programs do not require adaptation
  - d) Vulnerable populations do not need access to prevention programs

