

Name _____

Becoming a Volleyball Pro: Spiking Your Way to Success!

Multiple Choice Questions

1. What is the importance of starting early in pursuing a professional volleyball career?

- a) It helps you make more friends.
- b) It provides the opportunity to play in the Olympics.
- c) It allows you to learn the basics and improve your skills.
- d) It guarantees success in becoming a pro volleyball player.

2. Why is getting coached important in your journey to become a professional volleyball player?

- a) Coaches can help you make more friends.
- b) Coaches guarantee you a spot on a professional team.
- c) Coaches provide guidance, help improve your skills, and refine your technique.
- d) Coaches only focus on physical fitness.

3. Which step emphasizes the significance of staying fit and healthy?

- a) Step 1: Start Early
- b) Step 5: Stay Fit and Healthy
- c) Step 8: Stay Positive and Persevere
- d) Step 10: Network and Connect

4. What is the purpose of setting both short-term and long-term goals in your volleyball journey?

- a) To guarantee success as a professional volleyball player
- b) To stay motivated and focused on your path
- c) To make more friends in the volleyball community
- d) To become a professional coach instead of a player

5. Why is pursuing education important while pursuing a volleyball career?

- a) Education is not important for volleyball players.
- b) Education can provide a backup plan if your volleyball career doesn't go as planned.
- c) Pursuing education will guarantee success in volleyball.
- d) Education is not compatible with a volleyball career.

