

Name _____

The Puzzle of Feelings: Why Do We Have Emotions?

Open-Ended Response Answer Key

1. Answers will vary. Students should reflect on the role of emotions in their daily life, considering how they affect interactions, decisions, and well-being.
2. Answers will vary, but students can discuss the potential consequences of a world without emotions, such as a lack of motivation, connection, or understanding between individuals.
3. Students can discuss how emotions are universal in the sense that everyone experiences them, but they are also deeply personal and influenced by individual differences, such as upbringing, culture, and personal experiences. They can provide examples from their own lives or observations to support this idea.
4. Students should share a personal goal related to understanding and managing their emotions, outline the steps they plan to take, and explain the positive impact they hope it will have on their life.

