

Name _____

Rallying in Tennis: The Art of the Game

Open-Ended Response Answer Key

1. During a long, intense rally, a player may face physical challenges such as fatigue, rapid movements, and endurance. Mentally, they may experience pressure, decision-making dilemmas, and the need to stay focused. To overcome these challenges, a player could focus on their breathing, stay positive, and rely on their training and experience.
2. Consistency in rallying is essential because it keeps the ball in play, makes it harder for the opponent to score winners, and allows the player to control the pace of the rally. Consistent shots also put pressure on the opponent to maintain their level of play.
3. An example of a famous tennis match where rallying played a crucial role is the 2008 Wimbledon final between Roger Federer and Rafael Nadal. The match featured several long and intense rallies, showcasing both players' skill, endurance, and mental toughness. Rallying influenced the match by creating opportunities for each player to gain the upper hand and ultimately contributing to Nadal's victory.
4. Approach shots in tennis rallying are shots that are strategically placed to set up opportunities to move to the net and finish the point with a volley. For example, a player might hit a deep and angled shot that forces the opponent to stretch and return a weak reply, allowing the player to approach the net and put away the next shot with a volley. Approach shots are used to transition from baseline rallying to net play and win points efficiently.

