Name _____

The Magic of Books: Why Reading is Better than Watching TV

Short Answer Key

1. Reading books before bedtime promotes relaxation and better sleep by engaging the mind in a calming and imaginative activity, preparing it for rest. The absence of blue light from screens also contributes to improved sleep.
2. Reading expands language skills and vocabulary by exposing readers to a wide range of words, phrases, and writing styles. Through context and repeated exposure, readers learn new words and improve their language proficiency.
3. Reading encourages critical thinking and mental stimulation by requiring readers to actively engage with the text, make inferences, analyze characters' motivations, and solve problems presented in the story. It challenges the mind and promotes cognitive growth.
4. "Personal interpretation" in reading means that readers have the freedom to visualize and understand the story in their own unique way. Each reader may have a different mental image of characters and settings, fostering individual creativity and interpretation.
5. Readers can develop a deeper emotional connection with characters in books because they have access to characters' inner thoughts and emotions. Readers can empathize with the characters' experiences and witness their growth throughout the story, creating a more profound bond.

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