Name _____

Recognizing the Signs: How to Tell if Someone Has an Eating Disorder

Short Answer

1. List two physical signs of an eating disorder.

2. Explain why someone with an eating disorder might engage in secretive behavior.

3. What are some emotional signs that may indicate the presence of an eating disorder?

4. Describe one social or environmental factor that can contribute to the development of eating disorders.

5. What should you do if you suspect someone you know has an eating disorder?

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