

Name _____

Spotting the Clues: Recognizing Signs of Substance Abuse

Multiple Choice Questions

1. What is one of the first signs of substance abuse?
 - a) Improved mood
 - b) Stable behavior
 - c) Noticeable changes in behavior
 - d) Increased happiness

2. How can substance abuse lead to financial difficulties?
 - a) By saving money
 - b) By winning the lottery
 - c) By borrowing money frequently
 - d) By avoiding financial responsibilities

3. What are some signs of substance abuse-related health issues?
 - a) Frequent laughter
 - b) Frequent illnesses or infections
 - c) Excellent physical health
 - d) Increased energy levels

4. What should you do if you recognize signs of substance abuse in someone you know?
 - a) Ignore it
 - b) Offer support and encouragement
 - c) Isolate them further
 - d) Avoid talking to them

5. Why is recognizing signs of substance abuse important?
 - a) It's not important at all
 - b) It can help individuals get the support they need
 - c) It's someone else's responsibility
 - d) It doesn't make a difference

