

Name _____

Spotting the Clues: Recognizing Signs of Substance Abuse

Short Answer Key

1. Possible answers include social isolation, strained relationships, or withdrawal from social activities.
2. Possible answers include talking to them about your concerns, offering to accompany them to seek help, or providing resources for support.
3. Recognizing changes in behavior is essential because it can be one of the first signs that something is wrong and may indicate substance abuse.
4. Financial problems can be an indicator of substance abuse because individuals may spend a significant amount of money on acquiring drugs or alcohol.
5. After recognizing signs of substance abuse in themselves, individuals can seek professional help, such as counseling or rehabilitation programs.

