

Name _____

Breaking Chains: A Journey to Recovery

Multiple Choice Questions

1. What did Emily turn to as a way to escape her problems?
 - A. Exercise
 - B. Meditation
 - C. Drugs
 - D. Music

2. What made Emily realize that she needed to seek help for her addiction?
 - A. A friend told her to seek help.
 - B. She won a large sum of money.
 - C. She saw the consequences of her addiction in the mirror.
 - D. She decided to start a new hobby.

3. What challenges did Emily face on her path to recovery?
 - A. Finding new friends
 - B. Coping with withdrawal symptoms and therapy
 - C. Pursuing a career in finance
 - D. Traveling the world

4. How did Emily's support group help her on her journey to recovery?
 - A. They encouraged her to continue using drugs.
 - B. They provided her with more drugs.
 - C. They became her lifeline, offering understanding and support.
 - D. They criticized her for seeking help.

5. What did Emily decide to pursue as a career after her recovery?
 - A. Becoming a chef
 - B. Starting a rock band
 - C. Becoming a counselor to help others facing addiction
 - D. Becoming a professional athlete

