

Name _____

Breaking Chains: A Journey to Recovery

Short Answer Key

1. Emily turned to drugs as a way to numb the pain and anxiety she was experiencing.
2. One of the challenges Emily faced was coping with withdrawal symptoms and attending therapy sessions.
3. Emily's support group became her lifeline by offering understanding and support as she worked through her addiction and recovery.
4. Emily was inspired to pursue a career in counseling to help others facing addiction and to give back to the community.

