

Name \_\_\_\_\_

## Fun and Games: Recreational Events and Sports in Russia

### Open-Ended Response Questions

1. Discuss the role of physical fitness and sports in promoting a healthy lifestyle in Russia. How are sports encouraged at the grassroots level?
2. Explore the cultural aspects of banya traditions in Russia, including their historical significance and social aspects.
3. Compare and contrast the popularity of ice hockey and football (soccer) in Russia, including the fan culture associated with these sports.
4. How do Russian athletes in sports like biathlon and figure skating prepare for international competitions, and what factors contribute to their success?

