

Name \_\_\_\_\_

## How to Recognize and Address Red Flags in Relationships

### Open-Ended Response Questions

1. Reflect on a personal experience where you recognized and addressed red flags in a relationship. Describe the red flags, the steps you took to address them, and the outcome of your efforts.
2. Imagine a scenario where a friend is experiencing red flags in their relationship but is hesitant to address them. Offer advice on how they can recognize and address these issues constructively.
3. Discuss the role of support systems, such as friends and family, in helping individuals recognize and address red flags in relationships. Provide examples of how support can be valuable in such situations.
4. Share a story or example of a situation where recognizing and addressing red flags led to the improvement of a relationship. Explain the specific steps taken and the positive changes that resulted.

