

Name \_\_\_\_\_

## Clean and Confident: How Personal Hygiene Impacts Relationships

### Multiple Choice Questions

1. What is one impact of poor personal hygiene mentioned in the passage?

- a) Increased self-confidence
- b) Better health
- c) Offending body odor
- d) Strong friendships

2. How can bad breath affect social interactions?

- a) It makes people more attractive.
- b) It has no impact on relationships.
- c) It can lead to avoidance in conversations.
- d) It improves self-esteem.

3. What is the significance of wearing clean clothes in social situations?

- a) It has no impact on relationships.
- b) It demonstrates carelessness.
- c) It boosts self-confidence.
- d) It promotes good health.

4. How can poor personal hygiene impact romantic relationships?

- a) It has no effect on romantic relationships.
- b) It can lead to conflict and distance.
- c) It improves physical attraction.
- d) It strengthens emotional connections.

5. Why is personal hygiene important in the workplace?

- a) It has no impact on professional relationships.
- b) It leads to career advancement.
- c) It allows for greater creativity.
- d) It promotes relaxation.

