Name _____

Clean and Confident: How Personal Hygiene Impacts Relationships

Short Answer

1. How does poor personal hygiene affect an individual's self-esteem?

2. Give an example of how personal hygiene can influence professional relationships.

3. Why is personal hygiene more critical in romantic relationships?

4. How can friends and family members react to someone with poor personal hygiene?

5. Explain why taking action and addressing personal hygiene issues with empathy is important.

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