

Name _____

Taking Charge: How to Be Responsible and Accountable for Your Actions

Multiple Choice Questions

1. What does responsibility involve?
 - a) Avoiding all obligations and commitments
 - b) Recognizing duties and obligations and acting on them responsibly
 - c) Waiting for others to make decisions for you
 - d) Procrastinating and delaying tasks indefinitely

2. Why is time management important in being responsible?
 - a) It allows you to avoid tasks and commitments
 - b) It helps you allocate your time wisely to fulfill responsibilities
 - c) It encourages taking on too many responsibilities at once
 - d) It discourages planning and organizing tasks

3. What does accountability mean?
 - a) Avoiding ownership of your actions
 - b) Taking ownership of your actions, whether they are positive or negative
 - c) Blaming others for your mistakes
 - d) Ignoring the consequences of your choices

4. How does being accountable differ from avoiding mistakes?
 - a) It involves admitting mistakes and learning from them
 - b) It means never making mistakes in the first place
 - c) It encourages blaming others for your mistakes
 - d) It discourages self-reflection

5. What role does responsibility play in building trust with others?
 - a) It has no impact on trust
 - b) It builds trust by fulfilling duties and commitments
 - c) It erodes trust by avoiding obligations
 - d) It creates mistrust by setting goals

