

Name _____

Cracking the Code: Understanding the Rules of American Football

Multiple Choice Questions

1. What is the primary objective of American football teams during a game?
 - a) To score as many touchdowns as possible
 - b) To gain possession of the ball
 - c) To advance the ball into the opposing team's end zone and score more points than the opponent
 - d) To tackle the opposing team's quarterback

2. How many players are typically on the field for each American football team at a time?
 - a) 5
 - b) 7
 - c) 9
 - d) 11

3. How many downs does a team have to advance the ball 10 yards in American football?
 - a) 1
 - b) 2
 - c) 3
 - d) 4

4. What is the line of scrimmage in American football?
 - a) The line that separates the offensive and defensive teams
 - b) The end zone
 - c) The 50-yard line
 - d) The starting point for each play

5. What is the purpose of referees and officials in American football games?
 - a) To cheer for the teams
 - b) To enforce the rules and penalize teams for infractions
 - c) To coach the players
 - d) To score points for the teams

