

Name _____

Clean Water and Happy Hands: How Sanitation and Hygiene Keep Us Healthy

Multiple Choice Questions

1. What does sanitation refer to?
 - a) Personal cleanliness
 - b) Safe management of human waste
 - c) Clean water access
 - d) Food preparation

2. How do sanitation and hygiene practices prevent waterborne diseases?
 - a) By reducing the risk of foodborne illnesses
 - b) By promoting clean surroundings
 - c) By preventing the contamination of water sources
 - d) By improving child attendance at school

3. Why are children particularly vulnerable to diseases related to poor sanitation and hygiene?
 - a) Because they don't like to wash their hands
 - b) Because they eat more food than adults
 - c) Because they have weaker immune systems
 - d) Because they don't go to school

4. What is one way schools benefit from clean sanitation facilities?
 - a) Improved student performance
 - b) Increased healthcare costs
 - c) Decreased attendance
 - d) Reduced quality of life for students

5. What action can individuals take to promote sanitation and hygiene?
 - a) Invest in clean water infrastructure
 - b) Support global healthcare organizations
 - c) Adopt proper hygiene practices
 - d) Reduce access to sanitation facilities

