

Name _____

Clean Water and Happy Hands: How Sanitation and Hygiene Keep Us Healthy

Short Answer Key

1. Sanitation practices prevent water contamination by safely managing human waste, preventing its entry into water sources.
2. Good hygiene practices related to food safety include proper handwashing, which reduces the risk of foodborne illnesses by preventing the transfer of harmful bacteria from hands to food.
3. Access to clean water and sanitation facilities reduces child mortality rates by preventing waterborne diseases, which are particularly harmful to children.
4. Improved sanitation facilities in schools lead to better student attendance and performance by providing a clean and safe environment, reducing health-related absenteeism, and promoting overall well-being.
5. One action individuals can take to support the promotion of sanitation and hygiene in their communities is to actively participate in public awareness campaigns and educate others about the importance of these practices.

