

Name _____

Peer Pressure and the Power to Say No: Resisting Substance Abuse Together

Short Answer

1. What are some reasons why young people may succumb to peer pressure related to substance abuse?
2. How can assertive communication help individuals resist negative peer pressure?
3. Why is it important to have a plan for dealing with peer pressure situations?
4. What can trusted adults, such as parents and teachers, do to support young people facing peer pressure?
5. How can building self-esteem contribute to resisting negative peer pressure?

