

Name _____

Letters from a Stoic by Seneca

Short Answer

1. Why did Seneca write these letters to Lucilius?
2. What are some of the key principles of Stoicism that Seneca discusses in his letters?
3. How does Seneca advise readers to approach hardships and challenges in life?
4. What is the significance of self-examination in Seneca's philosophy?
5. How does Seneca advocate for living in the present moment?

