

Name _____

Letters from a Stoic by Seneca

Open-Ended Response Questions

1. Discuss the role of virtue in Stoic philosophy, as explained by Seneca. How does virtue relate to happiness?
2. Explore Seneca's views on the acceptance of what is beyond one's control. How does this aspect of Stoicism contribute to a more tranquil life?
3. Reflect on the practical advice Seneca provides for cultivating resilience in the face of adversity. Provide examples from his letters.
4. Analyze the impact of Seneca's writings on the development of Stoic thought and its continued relevance in contemporary life and philosophy.

