

Name _____

Letters from a Stoic by Seneca

Short Answer Key

1. Seneca wrote these letters to Lucilius as a form of moral and philosophical guidance.
2. Some key principles of Stoicism discussed by Seneca include the importance of virtue, acceptance of what is beyond one's control, and the cultivation of wisdom.
3. Seneca advises readers to approach hardships and challenges in life with resilience and as opportunities for personal growth.
4. Self-examination is significant in Seneca's philosophy as it encourages individuals to continuously assess and improve themselves.
5. Seneca advocates for living in the present moment and not being preoccupied with the past or overly anxious about the future.

