Name _____

Aim High, Achieve More: The Importance of Setting Goals

Short Answer

1. Why is setting goals important for providing direction in life?

2. How do goals help with time management?

3. Explain the relationship between achieving goals and building confidence.

4. Give an example of a situation where setting a goal with a deadline can help overcome procrastination.

5. How can setting and working toward goals contribute to personal growth?

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