

Name _____

Shattered Dreams

Short Answer Key

1. Before her injury, the one thing that had defined Sarah's life and identity was her dream of becoming an Olympic athlete.
2. Sarah initially reacted to her career-ending injury with shock, devastation, and a sense of loss.
3. Sarah's family and friends provided emotional support and helped her through the difficult times, playing a crucial role in her journey to find a new purpose.
4. After her injury, Sarah discovered a new passion in coaching and mentoring young athletes. It brought meaning to her life by allowing her to share her knowledge and experience while helping others pursue their dreams.
5. Sarah learned the lesson that life can throw unexpected challenges our way, but our ability to adapt and find new paths defines us.

