

Name _____

Shattered Dreams

Open-Ended Response Answer Key

1. Before her injury, Sarah's life and identity revolved around her dream of becoming an Olympic athlete. She dedicated her time to rigorous training, early mornings at the track, strict diets, and grueling workouts. Her daily routine was shaped by her aspirations and dreams of representing her country on the world stage.
2. Sarah initially coped with the devastating news of her career-ending injury with shock and a profound sense of loss. She felt as if her world had crumbled, and her dreams had been shattered. Emotions of sadness and despair overwhelmed her, and she struggled to come to terms with the sudden change in her life.
3. Sarah's family and friends played a vital role in her journey to find a new purpose in life. They provided emotional support, encouraged her to explore new interests, and stood by her during the difficult times of self-doubt and frustration. Their unwavering belief in her helped her rebuild her life.
4. After her injury, Sarah discovered a new passion in coaching and mentoring young athletes. This newfound purpose allowed her to share her knowledge and experience with others, helping them pursue their dreams. Coaching brought fulfillment and meaning to her life as she watched her students grow and succeed. Sarah learned that life could present unexpected challenges and obstacles, but it was our ability to adapt, persevere, and find new paths that defined our character and purpose. Despite the loss of her Olympic dreams, she found a new way to make a meaningful impact on the world and discover a different kind of success.

