

Name _____

Shine Bright: Embrace Your Beautiful Self

Open-Ended Response Questions

1. Why do you think the poet believes it's important to challenge beauty standards?
2. In your own words, explain what body positivity means to you.
3. How can you apply the message of this poem in your own life?
4. Can you think of a real-life example where someone challenged beauty standards? How did they do it, and what impact did it have?

