

Name \_\_\_\_\_

## Skin Glow Secrets: Proper Skincare Routines for All Skin Types

### Open-Ended Response Answer Key

1. The balanced pH level helps maintain the skin's natural barrier and prevents irritation. Toning helps achieve this balance by restoring the skin's pH after cleansing.
2. A moisturizer for dry skin is rich and hydrating, while one for oily skin is lightweight and oil-free. They cater to the specific needs of each skin type by providing the right level of moisture without making the skin greasy.
3. Precautions for sensitive skin include using fragrance-free, hypoallergenic products and performing patch tests. These precautions are necessary to avoid skin irritation and allergic reactions.
4. Neglecting sunscreen can lead to sunburn, premature aging, and an increased risk of skin cancer. Daily application is essential because UV rays can penetrate clouds, causing damage even on cloudy days.

