

Name _____

Squeaky Clean: Exploring Soaps and Shampoos for Skin and Hair

Short Answer

1. Explain the purpose of exfoliating soaps and who might benefit from using them.
2. What factors should you consider when choosing a shampoo for your hair type?
3. Describe the impact of using the wrong products on your skin and hair.
4. Why is it important to select fragrance-free and hypoallergenic soaps for sensitive skin?
5. Share some tips for maintaining healthy skin and hair through proper soap and shampoo selection.

