

Name _____

Smoke Signals: How Smoking Affects Your Respiratory System

Short Answer Key

1. Smoking irritates and inflames the airways, making them narrower and restricting airflow.
2. The key components of the respiratory system include the nose, mouth, throat, trachea (windpipe), bronchial tubes, and lungs.
3. The term for the smoke released into the air from burning cigarettes or exhaled by a smoker is "secondhand smoke."
4. Smoking weakens the immune system, making individuals more vulnerable to respiratory infections like pneumonia and bronchitis.
5. Potential benefits of quitting smoking for respiratory health include decreased lung cancer risk and improved lung function.

