

Name \_\_\_\_\_

## Scrolling Through Influence: How Social Media Affects Peer Pressure and Self-Esteem

### Short Answer Key

1. [Student's description of combating "comparison culture"]
2. FOMO, or the fear of missing out, refers to the fear of not being included in social events or activities that others are participating in. It can influence decisions by making individuals feel pressured to join events or activities they may not want to miss out on.
3. [Student's description of a situation where social media positively impacts self-esteem]
4. [Student's steps to be more authentic online]
5. Seeking support from trusted individuals can help mitigate the negative effects of social media by providing guidance, perspective, and emotional support.

