

Name \_\_\_\_\_

## Exploring the World of Social Work

### Short Answer Key

1. A social worker might need to use their problem-solving skills to help a client who is struggling with finding affordable housing in a high-demand rental market. They could explore available resources, subsidies, or alternative housing options.
2. Documentation is essential because it helps social workers track the progress of their clients, maintain legal records, and communicate effectively with colleagues and agencies. It benefits clients by ensuring they receive the appropriate services and support.
3. A social worker can advocate for resources by contacting relevant agencies, writing letters of recommendation, or attending meetings to present the client's case. For example, they might advocate for a homeless client to access a shelter program.
4. Empathy is crucial in social work as it helps social workers understand and connect with their clients on an emotional level. It fosters trust and open communication, leading to more effective support and interventions.
5. Potential challenges for social workers may include dealing with resistant clients, managing heavy caseloads, and facing emotionally demanding situations. They can overcome these challenges by using active listening, seeking supervision, and practicing self-care.

