

Name \_\_\_\_\_

## Mastering the Perfect Softball Pitch:

### Short Answer

1. What is the purpose of the windup in softball pitching?
2. How can a pitcher achieve control over their pitches?
3. Name one type of pitch that curves as it approaches the batter.
4. Why is upper body strength important for a softball pitcher?
5. What is one piece of advice given to pitchers on handling bad days?

