

Name _____

Mastering the Perfect Softball Pitch

Short Answer Key

1. The windup is a sequence of movements to gain momentum before the pitch.
2. A pitcher can achieve control by mastering the release point and grip.
3. One type of pitch that curves is the curveball.
4. Upper body strength is important for generating power and speed in pitches.
5. One piece of advice is not to get discouraged by bad days and to keep practicing.

