

Name _____

Be a Bullying Buster: What to Do When You See Someone Being Bullied

Multiple Choice Questions

1. What is the first step to take when witnessing someone being physically bullied?
 - a) Join in to protect the victim
 - b) Call the police immediately
 - c) Ensure your own safety and seek help from a trusted adult or authority figure
 - d) Record the incident on your phone

2. Why is it important not to become a passive bystander or join in with the bully?
 - a) It can make the situation more entertaining
 - b) It shows support for the bully's actions
 - c) Your silence can unintentionally reinforce the bullying
 - d) It helps avoid confrontation with the bully

3. What should you do if you feel it's safe to intervene during a bullying incident?
 - a) Use physical force to stop the bully
 - b) Shout at the bully aggressively
 - c) Politely but firmly tell the bully to stop and avoid escalating the situation
 - d) Ignore the situation and walk away

4. Why is empathy important when witnessing bullying?
 - a) It can make you laugh at the victim
 - b) It motivates you to take action and offer support
 - c) It encourages you to join in with the bully
 - d) It helps you remain a passive bystander

5. When should you document a bullying incident?
 - a) Always, even if it's unsafe to do so
 - b) Only if you want to share it on social media
 - c) Discreetly and if it can be done without risking your safety
 - d) Never, as it's not your responsibility

