

Name _____

Savoring the Flavors of Spanish Cuisine

Open-Ended Response Questions

1. Discuss the cultural significance of paella in Spanish cuisine and the variety of ingredients it can feature.
2. How do Spanish dishes like Gazpacho and Tortilla Española incorporate vegetables, and what nutritional benefits do they offer?
3. Explain the concept of the Mediterranean diet and how it aligns with the principles of Spanish cuisine.
4. Why is it important to enjoy sweet treats like churros in moderation, despite their deliciousness?

