

Name _____

Sportsmanship 101: Winning and Losing with Grace

Short Answer Key

1. Ways to win with grace include acknowledging opponents, avoiding boasting, celebrating respectfully, being gracious, and encouraging others.
2. Losing with dignity helps athletes grow and improve by providing valuable lessons and opportunities for self-reflection.
3. Parents and coaches play a role in teaching sportsmanship by leading by example, emphasizing effort and improvement, discussing feelings, encouraging respect, and celebrating sportsmanship.
4. Staying positive even when losing is important because it helps maintain a healthy attitude, promotes personal growth, and sets a positive example for others.
5. Adults can reinforce the importance of respect in sportsmanship by modeling respectful behavior, highlighting the value of treating everyone with respect, and addressing disrespectful behavior when it occurs.

